

# JAN 2020

SUN

MON

TUE

WED

THU

FRI

SAT

01

02

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07

08

09

10

11

Gentle  
Flow/Resorative  
4:30pm 1hr  
Location: Ohana in  
Callander

12

13

14

15

16

17

18

Gentle  
Flow/Resorative  
5:30pm 1hr  
Location: Mattawa  
Fire Hall

Gentle  
Flow/Resorative  
4:30pm 1hr  
Location: Ohana in  
Callander

19

20

21

22

23

24

25

Gentle  
Flow/Resorative  
5:30pm 1hr  
Location: Mattawa  
Fire Hall

Gentle  
Flow/Resorative  
4:30pm 1hr  
Location: Ohana in  
Callander

26

27

28

29

30

31

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Flow/Resorative  
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